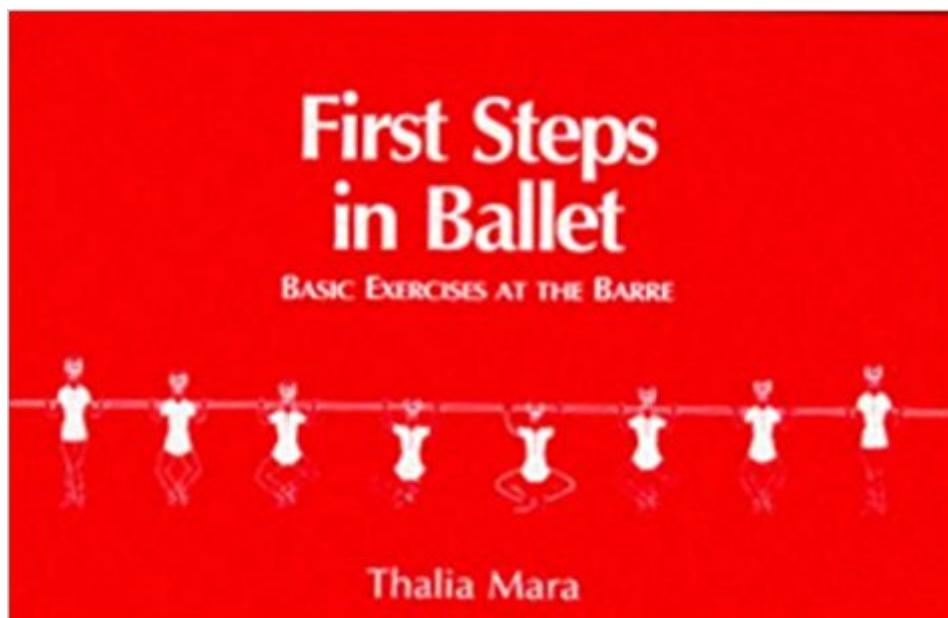


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# First Steps In Ballet: Basic Exercises At The Barre



## Synopsis

Book by Mara, Thalia

## Book Information

Paperback: 64 pages

Publisher: Princeton Book Company Publishers (April 1987)

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## Customer Reviews

I began dancing when I was 6 years old and 30 years later, still love it, but I tend to go on autopilot with my daily workouts and this book was exactly what it said it was and gave me the perfect little reminders about the basics as I am teaching my three-year-old some ballet moves. The only objection I have is that while the book is great, the price is really a little much for something of this size and simplicity.

Thalia Mara is truly a life saver. I have purchased all of her books and they are very descriptive and informative. 1st steps to ballet is a good introduction that can give a bit of a challenge without overwhelming the young ballet student. I recommend it to all ballet students, beginning, intermediate, and advanced.

This book was helpful in giving me a taste of ballet before making a big commitment to classes, etc. It is helpful for someone just starting ballet, with steps they can practice at home.

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